

NAME _____

AGE _____

If I was a victim of crime I think I Would feel:				This is how I normally feel:
	Not at all	A bit	Very	Write or draw something
Shocked	_____	_____	_____	
Confused	_____	_____	_____	
Angry	_____	_____	_____	
Brave	_____	_____	_____	
Sad	_____	_____	_____	
Hurt	_____	_____	_____	
Scared	_____	_____	_____	
Lonely	_____	_____	_____	
Happy	_____	_____	_____	
Embarrassed	_____	_____	_____	
Guilty	_____	_____	_____	
Hopeful	_____	_____	_____	
Anything else?	_____			

The feelings you feel from being a victim of crime are natural reactions!

The good thing is that these feelings usually change with time, and people do feel better.

Lets think about other hurtful or difficult experiences you may have been through like falling out with a friend, or moving school / home etc.

The way you handled these situations can help you work out what to do if you ever are a victim of crime.



This is what happened!

Draw a picture or write a story.

How did you feel?

How did you deal with this?

These are people I can talk to:

- | | | | | |
|--------|----------|---------|---------|--------------|
| MATES | MUM | DAD | CARER | BROTHER |
| SISTER | GUARDIAN | GRANDMA | GRANDAD | NEIGHBOUR |
| AUNT | UNCLE | COUSIN | TEACHER | YOUTH WORKER |

Someone else

The kind of things I would like to talk about are:

The things I would like to happen in regards to the crime are:



Let's make a list of all the crimes that you feel are a problem in the area you live / hang around.

<p>List of problem crimes:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<p>You can choose from the list below or suggest your own</p> <p>MURDER ARSON RAPE</p> <p>ROBBERY ABH SEXUAL ASSAULT</p> <p>GBH FRAUD THEFT FROM PERSON</p> <p>HARASSMENT THREATS CRIMINAL DAMAGE</p> <p>OTHER CRIMES</p>
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If you would like to talk to victim support, we can arrange for you and your parent / guardian to meet one of our trained volunteers or staff members at our Ealing office.

They are there to listen to you, and to help you deal with any issues that come up because of a crime. We can also help with putting you in touch with other organisations if necessary. And we can give information about police and court procedures, insurance, home security and compensation.

How you can contact us

Ealing Borough Victim Support

Amy Burrows Suite
 St Andrews Church Centre
 Mount Park Road
 Ealing, W5 2RS

Tel: 020 8566 8298
 Fax: 020 8566 9790



What exactly can Victim Support do?

	True	False
You can only get support from Victim Support if you live in Ealing		
People who use Victim Support's service have to pay for it		
Victim Support workers are available at any time of the day or night		
Victim Support supports and works with children		
Victim Support attends court trials with their victims		
Victim Support gives money to people who've had theirs stolen		
Victim Support replaces lost and stolen items		
Victim Support 'listens' and doesn't judge you		
If you are being 'hurt' at home or at school we can help you		

Remember our number: 0208 566 8298

VICTIM SUPPORT RESOURCE

Think back to the Victim Support workshop. Do you remember the exercise where you threw the football to one another and said how you would feel if you became a victim of crime? See if you can find the words used by everyone in the word search below.

Y	R	G	N	A	K	D	T	N	E	D	I	F	N	O	C	N	U
L	A	U	W	P	Z	E	W	R	X	Z	Y	Q	A	V	F	G	P
E	R	I	Z	L	H	S	H	Z	N	E	K	A	H	S	Q	Q	S
N	Z	L	M	B	J	U	Z	O	M	W	C	F	X	E	H	Z	E
O	X	T	Y	T	Y	F	X	S	W	S	I	C	K	Q	Z	L	T
L	H	Y	D	U	J	N	C	C	P	D	N	B	D	U	E	V	K
I	W	E	C	C	S	O	R	R	B	W	A	K	D	K	Z	A	M
W	Q	E	L	A	N	C	C	K	D	E	P	R	E	S	S	E	D
I	K	R	Q	P	M	M	O	E	E	Q	B	X	L	Z	H	G	M
T	Y	U	J	I	L	D	N	T	T	U	E	E	X	L	O	A	K
H	N	C	I	N	W	E	D	E	A	F	F	V	H	K	C	X	N
D	S	E	T	G	T	J	S	O	L	Y	P	Q	G	I	K	M	M
R	I	S	H	H	H	A	H	S	O	P	W	F	W	G	E	W	L
A	R	N	G	G	G	Y	T	R	I	D	Q	Q	O	O	D	W	Z
W	B	I	S	C	B	Z	V	Y	V	A	D	K	H	V	X	X	A
N	R	A	G	W	D	I	S	T	R	U	S	T	I	N	G	C	A
F	U	Q	T	B	D	E	T	A	T	N	E	I	R	O	S	I	D

ANGRY, UPSET, LONELY, FRIGHTENED, DEPRESSED, PANICKY, HELPLESS, SHAKEN, SHOCKED, DISORIENTATED, VIOLATED, SICK, GUILTY, CONFUSED, DIRTY, INSECURE, WITHDRAWN, UNCONFIDENT, DISTRUSTING